

Girls Hockey Fall Camp 2008

Hockey Development for
the Female Athlete

G14U

G12U

G10U



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Koronis Civic Arena
Paynesville, MN

River Lakes Arena
Richmond, MN

**For more information contact
Mitch Sweep**

Cell: 320-905-3995
Home: 320-796-2997

Girls Hockey Fall Camp 2008



The Girls Hockey Fall Camp is designed for the female athlete to provide quality on ice skill training.

The camp will be run by association coaches from both Paynesville—New London—Spicer Hockey and Cold Spring Area Hockey, now playing as River Lakes Hockey.

The camp will help prepare skaters for the upcoming season.

Skaters will be challenged to learn new skills that build upon their current abilities.

There will be 5 on ice sessions that are 1 and 1/2 hours in length.

For additional information contact Mitch Sweep or Kevin Mooney.



Sessions and Location

Friday Oct 3, 6:30-8:00 PM – Paynesville

Sat Oct 4, Noon–1:30 pm – Paynesville

Sunday Oct 5, 1:15–2:45 pm – **Richmond**

Mon Oct 6, 6:30–8:00 pm – Paynesville

Tues Oct 7, 6:30–8:00 pm – Paynesville

Cost: \$45

The cost for all 5 sessions which are one and half hours in duration is only \$45.

Limited Enrollment

Entry will be limited to the first 30 skaters who sign up. Please fill out the attached registration form and mail it in as soon as possible.



To register complete this form and send with payment to:

Girls Fall Hockey Camp
PO Box 82
Paynesville, MN 56362

Or drop off during registration.

Registration Deadline—Friday Sept 26, 2008

Name

Address

City/State/Zip

Grade

Birthdate

Parent(s) Name

Phone

E-mail

For more information contact Mitch Sweep at 320-905-3995 (C) or 320-796-2997 (H)

Payment

Check payable to PNLS Hockey Association
Fee: \$45

I hereby acknowledge that my child is medically fit to participate in this hockey camp. I authorize the director to secure any medical treatment deemed necessary and waive and release the camp from any and all liability for any injuries.

(Parent or Guardian Signature)

Cancellations less than 7 days prior to camp will incur a \$10 processing fee.

No refunds after the camp has started

No registrations accepted without payment